

PHPR Summit Speaker Bios and Contact Info

Anna Kelso – Bike Ft Collins - anna.kelso@bikefortcollins.org

A long-time cyclist and bicycle advocate, Anna brings a diverse background to the Bike Fort Collins team. Working as a policy analyst at the League of American Bicyclists, she gained valuable insight into how local bicycle advocacy nonprofits can best interface with national level transportation policies and funding opportunities. Anna also worked as a Bicycle Friendly Maryland Program Coordinator for Bike Maryland and served on the founding board of the Frederick Bicycle Coalition in Frederick, MD.

Emma Goforth, MPH - Tri-County Health Department - egoforth@tchd.org

Emma leads multiple public health initiatives in the community to affect policy, systems, and environmental change resulting in improved mental and behavioral health for Tri-County area residents. Her work is focused on collaboration with regional, state-wide, and community organizations, as well as other TCHD programs, to advance population-based mental health initiatives to effectively collaborate, take action, and accelerate programs toward improved mental health and wellness of all people in the Tri-County Region. Ms. Goforth earned a Master of Public Health degree from the University of Colorado's Colorado School of Public Health with a major in Community Behavioral Health, and a Bachelor of Science in Nutrition from Bastyr University. She has experience managing public health programs at the state, local and community levels for over 16 years.

Janelle Ross – Catamount Institute - ross@catamountinstitute.org

Janelle Ross is an education program specialist at the environmental education non-profit, Catamount Institute in Colorado Springs, CO. She graduated from West Virginia University in 2016 where she studied Environmental Geoscience. After she pursued her passion in environmental science as a teacher. Later she became an AmeriCorps member and served under the Environmental Education Corps to further pursue an education career in an outdoor setting.

Jenn Conrad – Signal Behavioral Health Network - jconrad@signalbhn.org

Jenn's career started over 20 years ago serving those with intellectual and developmental disabilities who often had co-occurring behavioral health related needs. Since 2005, she has been working in Colorado predominantly in behavioral health. As the Director of Clinical Services with Signal, Jenn oversees regional safety net behavioral health services, contracted through the state Office of Behavioral Health. As a Licensed Clinical Social Worker, Jenn's career is dedicated to ensuring access to high quality person-centered care, coordination of services, and health equity. She is an active participant and leader in regional and statewide behavioral health initiatives and committees. Jenn is dedicated to developing programs and fostering partnerships to address gaps in healthcare delivery to increase access to care and improve outcomes.

Jessica Bobitsky – Wheat Ridge Poultry - jessica@wheatridgepoultry.com

Jessica is the president of Wheat Ridge Poultry (WRP). They have been actively engaged and providing service in Wheat Ridge for over 80 years. WRP has been giving back to the community through food pantry assistance, the community fridge, bag credits, and donating holiday meals. They strive to work with local producers and growers to help support our local food system.



Jo Burns, JoBurnsConnects, LLC – jo@joburnsconnects.com

Jo is known for her work bringing together professionals from parks, recreation and public health. She is the co-founder of the Public Health/Parks & Recreation Collaborative of Colorado. The collaborative has focused on common interests and mutual impact areas, such as reducing obesity, increasing opportunities for physical activity, and developing walk-able communities. Jo is a skillful connector with 20+ years of experience in community, camp, association and higher ed parks & recreation settings, and continues to be a CTRS. With numerous public speaking engagements, and critically acclaimed workshops, Jo is a recognized expert in parks and public health arenas.

Kare Roof, PhD – Safe and Healthy Communities - kroof@safeandhealthycommunities.org

Dr. Karen Roof is the Executive Director of a 5013(c) called Safe and Healthy Communities (SHC). She has been working for over fifteen years at the nexus between public health and the built environment as a public health consultant and advocate with national, state, and local agencies, private firms, and foundations. She was Director at EnviroHealth Consulting and a Manager at the National Association of County and City Health Officials in Washington DC. Karen's Ph.D is in Design and Planning from the University of Colorado Denver and MS in Environmental Policy and Management.

Laina Doyle – APEX Park and Recreation District - lainad@apexprd.org

Laina has over 20 years of experience designing, managing, and supervising youth and teen programming at multiple sites within the District. I believe the success of all these programs lies with fostering relationships, building and maintaining community, and continuing to seek out new, innovative programming as needs and interests change within our community.

Nick Heimann – FC Moves/City of Ft Collins - nheimann@fcgov.com

Nick's role with the City of Fort Collins involves encouraging active transportation modes through the coordination of large-scale community events like Bike to Work Days and Open Streets and the transformation of public spaces through low-cost interventions. In 2021, Nick designed the City's Asphalt Art program with steering from local community groups. Nick fundamentally believes that transforming public spaces can have profound impacts on how community members interact with the built environment, in turn supporting myriad aspects of physical and mental health. He finds meaning in his work when he has the opportunity to connect with and learn from community members, particularly in settings where he can learn about cultural, historical, and community roots in neighborhoods and public spaces.

Teresa L. Penbrooke, PhD, MAOM, CPRE – GP RED - teresap@gpred.org

Dr. Teresa Penbrooke, CPRE has 30+ years of education, public agency, research, and business management experience. She leads the Healthy Communities Research Group for GP RED (www.gpred.org) and is co-Director of the CU Denver PREPP Online Learning Program for P&R Professionals. She has also been the CEO/Founder of GreenPlay, LLC since 1999. Teresa teaches for associations and universities, writes curricula, books, and articles, conducts research, and consults on management, planning, partnerships, preventive health, access to nature, and community engagement.

Vee Duran – APEX Park and Recreation District - ViolaD@ApexPRD.org

Vee has ten years of experience working with youth and teens in various aspects. Over the years have grown a strong passion for working with teens. I have experience in creating and promoting healthy and engaging programs for Non-Profit, After-School, and Recreational programs. As well as facilitation training for groups, staff, and youth in various ages.