

Building the Foundation of Our Future Today

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Learning Outcomes

Recognize effects of a Positive Youth Development approach, including how to access resources for your organization

Discuss youth that are leaders in your community and have just begun their journey

Identify at least one method your community can use to better empower young people right now

Identify at least one organizational barrier that hinders your ability to engage the community



Pueblo Communities That Care

Community coalition designed to address risk and protective factors of youth in the community

Pueblo's protective factor: Access to prosocial opportunities by improving access to Community Spaces

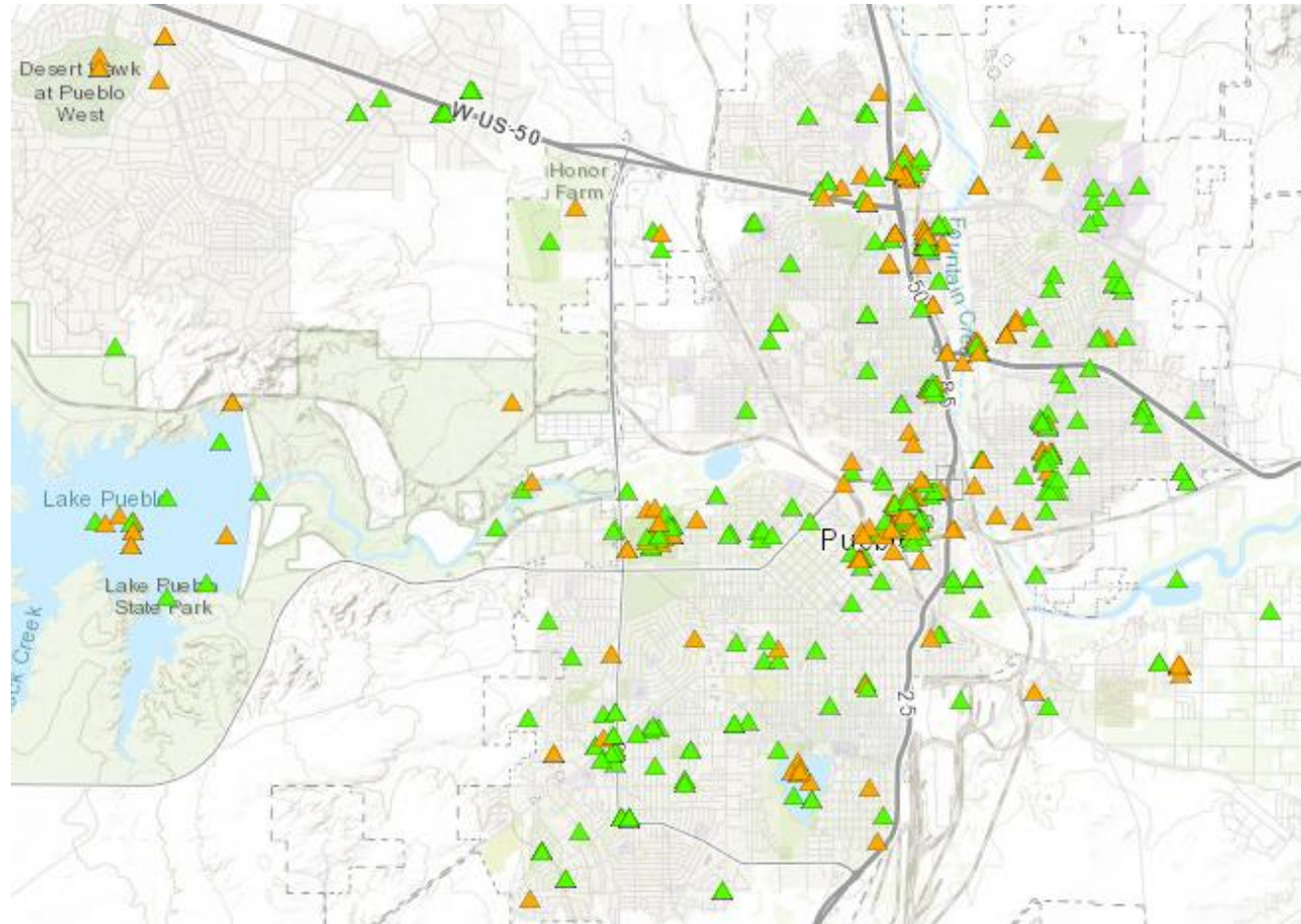
Promote positive youth development in the community



Pueblo Communities That Care Projects



Pueblo Communities That Care Projects



Pueblo Communities That Care Projects

Barriers: Youth want to go more often but don't... Why?



Also identified as barrier for parents

Safety (27): Youth feel unsafe/uncomfortable

Riverwalk at night: "Unsafe for girls"
Parks (Briarwood, Mitchell, Bessemer): "Parks have bad lighting that doesn't cover slopes"
Midtown: "I feel uncomfortable there"
Central Plaza downtown: "Bad lighting"
Skate City: "Friday night drama"



Also identified as barrier for parents

Transportation (27): Youth can't access the location as frequently as they wish

YMCA: "It's a little too out there to go often."
"I have to get my mom to take me."
Walking and longboarding were cited frequently as means, biking and bussing less
Mesa Drive-In, Lake Pueblo, and Motorsports Park: "Little too out there to go often"



Cost (25): Youth find it too costly to go frequently

"Everything" ...but most frequently cited: Cinemark, YMCA, Pueblo Mall, restaurants
Youth seem to thrive on free spaces at a higher frequency than adults



Engagement (15): Some places youth feel less engaged to attend

The Mall: "They never keep the cool places"
Lake Pueblo: Groups only
Mesa Drive-In – "Why don't they have playgrounds there anymore?"



Schedules (10): Spaces that have hours that aren't accommodating

Bus Station, Pueblo Ice Arena, libraries
"We don't really like to go to parties, but there's nothing better to do at night"



Time (8): Not enough personal time to go

Pueblo Mall
Lake Pueblo
Seasonal events/facilities: Mesa Drive-In, Colorado State Fairgrounds



Positive Youth Development

“... the process of having authentic engagements with young people to enable them to make healthy choices when moving from adolescence to adulthood. It guides adults toward supporting youth in ways that are positive and developmentally appropriate so that young people have a successful transition to adulthood.”

- Pueblo Grapevine, Becky Medina and Angela Sillas-Green



Positive Youth Development Tips

Promote a sense of safety in a space

Provide structure, rules, or regulations that youth can fairly abide by

Create supportive relationships with youth

Provide opportunities for youth to engage with you and to build their strengths/skills

Promote positive social norms and culture

Provide young people with developmentally appropriate responsibilities and challenges



Positive Youth Development Resources

<http://bit.ly/PYD2020>

More information

Trainings

Ideas for engaging youth

PYD In Action Tool

Hiring youth advisers



Activity Time!

At your tables:

1. Identify a brief example of one or more engaged youth leaders in your community and take turns sharing those examples with the rest of the table
2. After everyone has participated, each group will write out one method they can implement to better engage young people who were not identified in the first step
3. Choose a spokesperson for your table



Today's Leaders

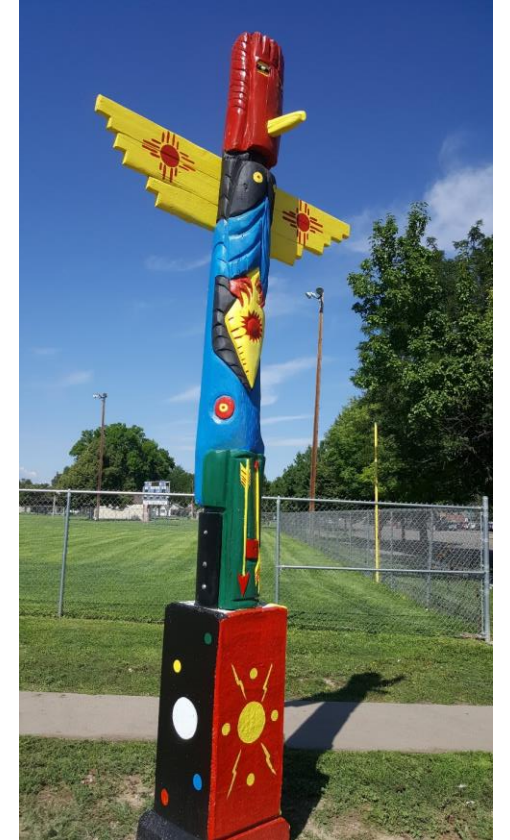


BEGIN

A group of neighborhood residents that are working to improve physical activity, safety, connection, and pride throughout their neighborhoods.



Work Being Done



Fast Forward to 2043...

In your groups:

1. Locate your kit. Work to balance all the loose nails on the nail in the block. The structure must be free standing.
2. You will have five minutes to complete this project.
3. The first team to balance the nails wins!



Bridging the Gap

By identifying existing youth leaders and how to engage youth not currently at the table, you have already taken the first step

A community practicing positive youth development will lead to younger people being connected to policies, systems, and environmental changes in the community by the time they are adults

In the next 10, 20, or 50 years, those residents will better know how to work in their community

Generation Z is our future – the time to guide into the future is now



In Groups

Think and identify what barriers your organization, programs, and/or communities face that hinders the ability to engage with the community.

Discuss ideas on how to address or maneuver around those barriers



Pueblo's Positive Youth Development Leaders



Break the Chain

- Youth inspired event
- Allows students to become educated
- Provides students with tools
- Positive peer to peer counseling
- Don't focus on your past concentrate on your future
- Here to educate not force your hand
- Safe environment



About the Event

- April 18, 2020
- Mineral Palace Park
- 12-4PM
- Health, Mental Health, Dental Health, Quit Hotlines, Finances, Pets, Teen Support, Counselors, Accudetox, Take Back Vapes, Environmental Awareness, etc
- Scholarship
- Target Audience
- Mission Statement
- Vision Statement



X = CLOSED ENTRANCE

■ = OPEN ENTRANCES

Scholarship



- ◆ Go to <https://phef.awardspring.com>
- ◆ Sign up for an account
- ◆ Click “Scholarships”
- ◆ Click the “One Step Forward: Break the Chain Scholarship”

Requirements:

- One letter of recommendation
- 10 hours of community service
- 300 maximin word essay
- GPA 2.8 or higher
- Highschool Senior attending a college or university
- Due April 1st
- Will be awarded at the event



My Journey



Changed my project
in November



Roadblocks



Communication is
key



What I've Learned



Relationships I've
made



Pueblo's Positive Youth Development Leaders



Thank You!

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